

How to Improve Your Listening Ability



Listening to the CD of the textbook lectures only in class is not sufficient to improve your listening ability. You need to listen outside of class, too. Every week the **lecture** and **vocabulary** exercise for the textbook lesson will be uploaded to the Web so you can listen to them in the PC Room or on your own PC at home. The lecture is a large file so it may take 1 or 2 minutes to download before you hear it. Sometimes it doesn't download because the Internet traffic is congested. If


that happens, try again at another time. Find them at:

<http://www.ne.jp/asahi/m/and/> → **2006 Courses** → **Academic Listening: Syllabus → Lecture (or Vocabulary)¹**

In addition to listening to the lecture, another way to build up your listening fluency is to listen to other kinds of English, especially something easier than academic English. *One new requirement for this course is for everyone to do one “free listening” and complete the “survey” for it every week. That is, do one free listening and survey every seven days.* In total, you should do about 10 free listening lessons for this course. You can find many interesting listening sites and the survey on my home page by clicking on the boxes that say:



[More listening practice](#) ◀

 **Students! What did you think of the listening passages, videos, and readings? Click to take a SURVEY: [Academic Listening Survey](#)**

If your April TOEIC score was in the 300-400 range, I strongly recommend that you do a lot of supplementary listening for this course. The more you listen, the more you will improve! Some good sites to start with are below, but you can listen to anything you are interested in.

ELLLO: High Beginner	ELLLO: Low Intermediate	ELLLO: High Intermediate	ELLLO: Advanced
1-Language.com: Dialogues	Student Times Online: News Essay Opinion	5-Minute English: Listening	ELLLO: News Center

¹ Audio files are for the temporary educational use of students who are enrolled in this course and have bought the textbook. These files have been put here following [fair use](#) guidelines and should not be downloaded or linked to.